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# NOTICE REGARDING WORKERS' COMPENSATION BENEFITS

## THE CITY OF OXNARD

IS SELF-INSURED FOR WORKERS' COMPENSATION

Claims are administered by:

### CorVel Corporation

Send Mail to: CorVel Corporation, P.O. BOX 6966, Portland, OR 97228 • Fax: 888-851-9190 • Phone: 909-257-3700

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The City of Oxnard may not be liable for the payment of Workers' Compensation benefits for any injury which arises out of an employee's voluntary participation in any off-duty recreational, social, or athletic activity that is not a part of the employee's work-related duties.

(§9881—Rules and Regulations of the Administrative Director of the Division of Industrial Accidents)

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### IN CASE OF INJURY:

1. **SEEK MEDICAL ATTENTION:** Call **9-1-1** for any life-threatening injuries. For non-emergency medical attention, go to:

#### KAISER PERMANENTE - ON THE JOB

2200 E. Gonzales Road, Suite 105, 1st Floor, Oxnard, CA 93036 • Phone: 805-604-6055

Hours: Monday - Friday, 8:30 a.m. to 5 p.m. • After-Hours/Urgent Care: Monday - Friday, 5 p.m. to 9 p.m.

**Kaiser Urgent Care - 4949 Market Street, Ventura, CA 93003 • Phone: 833.574.2273 • Hours: Mon-Fri 5 p.m. to 9 p.m.**

#### AKESO (formerly Coastal) OCCUPATIONAL MEDICAL GROUP

1901 Outlet Center Drive, Suite 100, Oxnard, CA 93036 • Phone: 805-988-3200

Hours: Monday through Friday, 7 a.m. to 7 p.m. • Saturday, 9 a.m. to 5 p.m.

#### CMH URGENT CARE

2921 Saviers Road, Oxnard, CA 93033 • Phone: 805-487-5585 Hours:

Monday through Friday, 8 a.m. to 8 p.m. • Saturday, 9 a.m. to 8 p.m.

#### CONCENTRA MEDICAL GROUP

1851 Lombard Street, Suite 100, Oxnard, CA 93030 • Phone: 805-983-2234

Hours: Monday through Friday, 7 a.m. to 12 a.m. • Saturday, 8 a.m. to 5 p.m.

#### AFTER HOURS ONLY

*\*On-Call after Hours – Initial Visit Only\**

#### COMMUNITY MEMORIAL HOSPITAL (KAISER)

147 N. Brent Street, Ventura, CA 93003 • Phone: 805.652.5011 • Hours: Open 24 hours

#### ST. JOHN'S REGIONAL MEDICAL CENTER

1600 North Rose Avenue, Oxnard, CA 93030 • Phone: 805-988-2500 • Hours: Open 24 hours

#### ORTHOPEDIC SPECIALIST BY REFERRAL ONLY

**CONTACT: CorVel Corporation • Phone: 909-257-3700 • See reverse for direct line phone numbers**

2. **REPORT THE INJURY TO YOUR SUPERVISOR WHO WILL ASSIST YOU IN FILLING OUT A REPORT.**

If you are injured while working, you may be entitled to benefits under the California Workers' Compensation law including:

**MEDICAL CARE**—All authorized medical expenses are fully covered. If you need medical care, please go to one of the medical centers listed above. To change doctors, call CorVel. For further information, contact the Human Resources Department at 805-385-7590.

**DISABILITY INCOME**—If your injury is accepted and you are hospitalized, or unable to work for more than 3 days, you will receive income equal to 2/3 of your average weekly wage, up to a legal maximum. If you have a permanent disability, additional payments may apply.

**SUPPLEMENTAL JOB DISPLACEMENT TRAINING**—If you have permanent disability, are in medical need for modified or alternative work as a result of your accepted injury and your employer is unable to offer modified or alternative work, you may be eligible for a training voucher.

**For additional benefit information, please refer to the "Division of Workers' Compensation Fact Sheet" inside the City injury packets.**

For more information, contact the Information & Assistance Officer at 1901 Rice Avenue, Suite 200, Oxnard, CA 93030, 805-485-3528.